

# NEWSLETTER

Campbellfordcurlingandfitness.ca  
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November 2018



## News from CDCRC



### CDCRC Liquor Licence

The Board would like to remind members that our liquor licence is in jeopardy if alcohol leaves the building, even if it is replaced later. Likewise, bringing alcohol into the building is not allowed. Please follow the rules of the liquor control board so that our licence is never at risk.

### Two New Directors on the Board

After the last newsletter, two people came forward to volunteer to fill the spaces on the CDCRC Board. We are happy to welcome Sandy Chapman and Vic Conte onto the board. They have many ideas to contribute and we look forward to working with a full complement of directors.

### Farewell to Eunice

Friday, November 30 will be Eunice's last day as our manager and we are having a retirement party for her starting at 7:30. Please come and give her your best wishes as she starts a new phase in her life.

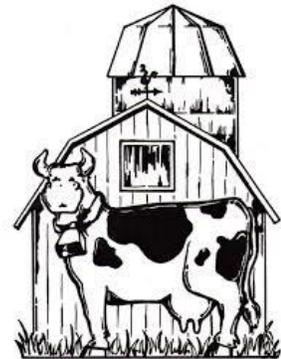
## What is Happening?



The Farmers' bonspiel is on Friday, December 7, organized by Ken McCulloch and his many helpers. Rachel Whitton has volunteered to head up the kitchen and has a sign-up sheet on the notice board for workers and pies. This is always a great event and raises significant money for the club. Thanks to all the people who make this possible.

If your team is scheduled to play on the evening of the 7<sup>th</sup>, please make arrangements with your opposition to play the game at another time that works for both of you.

Once again, we are supplying lunch at Hoards Sales Barn on Tuesday, January 15. This is a great fundraiser for the club, earning upwards of \$1,000 in one day. Laura Ingram is heading it up, but many people are needed to put on this event. Look for the sign-up sheet soon on the bulletin board. You can contribute hamburger or a pie, help with preparation and set-up or serve lunch to the hungry farmers that day.



Rachel Whitton started work at the club on November 5 and is learning as much as she can from Eunice during their overlapping time. We know she will be an asset to the organization as the new manager.

Some work has been done in the fitness area, with the removal of the glass wall from the old racquetball court. This will give more flexibility to the arrangement of weight machines in that area. Thanks, Vic Conte, for organizing this project, and thanks to the other volunteers who are contributing their efforts to get the equipment moved and the patching and painting done.

Thank you to the Senior Men's curling group, which made a contribution of \$700 to be used for improvements in the curling area.



The weather outside has been frightful, but the CLUB is so delightful... enjoy curling, fitness classes, squash, and working out, in our wonderful INDOOR facility, no matter what Mother Nature has in mind for us.

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## Meyers Sports Club news:

### No five-rock rule for us



If you've watched World Curling Tour Grand Slams over the last four years you've seen the five-rock free-guard-zone rule in play at the top level.

The rule means rocks in front of the rings can't be removed from play until five rocks have been thrown. Previously, the rule was four rocks and that's what we still play at our club.

The theory behind the change is there will be more rocks in play, fewer blank ends, and a greater ability to come back from a big deficit.

The World Curling Federation's voted to adopt the five-rock rule for 2018-19 putting it into widespread use this season. The WCF implemented the four-rock rule in 1993 but Canada went with a three-rock version, before adopting four in 2002.

As a member of the World Federation, Curling Canada has decided to adopt the new rule for its competitions, but the rule does not automatically apply to any club or league and we're sticking with the four-rock rule.

However, if you enter any playdown that leads to a Curling Canada-operated championship, the five-rock rule will be in effect.

If you wonder why we haven't moved to the five-rock rule, Russ Howard may have the best explanation. He told Canadian Press that only the top teams can really take advantage of the rule, because it often requires difficult shots to get-out-of-trouble.

"I think it's a good idea, but the best way for me to describe it is it's only applicable to the (top) one or two per cent in the world, in my opinion," he said. "Unless you've got a skill set to start making runbacks and double-peels, then you're going to be stolen on. **At the club level, I think you'd be out of your mind to throw two corner guards.**"

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## Time to keep playing

The new time clock is helping to keep our games moving and finishing on time, but some people have asked just how it works and when it applies.

The rule is that teams can finish any end that they start while there is still time on the clock, but they can't start another end once the zeroes come up. This rule applies to both draws, early and late.

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## New people on the ice

If you think you're seeing lots of new faces and new deliveries in curling action this fall, you're right.

Rachel has done the math and says we have 23 new players on the curling side. Some are new to the sport, others have joined from different clubs, while still others are returning after a break.

Welcome everyone.

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# Squash news:

## Two teams in action

Squash is up and in full-swing in the club now. After two successful years in the Kawartha Intercity Squash League in the B-League, Campbellford is pleased to bring an A-League team back to Campbellford for the first time since the COSA victory in 2009.

This means for the first time ever, Campbellford has two teams in the Kawartha league, playing teams from the Peterborough and Clarington area. The B-League squad is in a rebuild year and they are working their way up the standings, while the A-League squad sits alone atop their standings.

Anyone interested in playing squash or joining in on the (most important) social side, please contact Rob Pope or Ben McKeown. Reports are that excellent pizza is cooked in the kitchen on Wednesday evenings.

Both squash squads would like to extend a Happy Retirement to Eunice and thank her for her efforts in supporting the game and helping regrow a massive interest in past years!

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## Bonspiels 2019

January 6	Lions Mel McKeown Bonspiel
January	OCA Best Western Ladies Provincials
January 19	Cheese & Spirits Charity Bonspiel
February 10	Little Rocks/Bantam Curling Bonspiel
February 12	Ladies Valentine's Bonspiel
February 16	Casey Charles Memorial Super Seniors' Bonspiel

February 24	Little Rocks Zone Qualifier
March 9 & 10	CurlOn (OCA) Mixed Senior Qualifier
March 8	Campbellford Interclub Ladies Curling
April	David Philp Memorial Windup Bonspiel

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