



NEWSLETTER

Campbellfordcurlingandfitness.ca
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November 2016

Seniors Program a Huge Success

CDCRC has been a busy place the last few months as we put on a free program for seniors which included fitness classes, yoga, curling instruction and use of the workout areas. The funds for this three-month program came from an Ontario government grant. It has helped seniors in our community to increase their activity levels and has introduced them to using our facilities. The program finishes at the end of November. Eunice has done a fantastic job of organizing the activities to make this program such a success.

Sale Barn Concession



On Tuesday, November 8 a group of volunteers ran the lunch counter at the Hoards Sale Barn. These are just some of the people involved. It made about \$1,200 for the club. Great work Doris and Laura for taking the lead on this fund raiser and thank you to all the volunteers and the pie bakers who made it all possible.

Farmers' Bonspiel

Another annual event coming up is the Farmers' Bonspiel on Saturday, Dec. 3. It is a full day of curling and fun under the organization of Ken McCulloch and his team. But it requires



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volunteers to help in the kitchen and bar. The meals are being planned and prepared by Rachel Whitton but she needs lots of help. There is a sign-up sheet at the club where you can book in a shift or donate a pie. Please try to find some time to help with this event. It is one of our biggest fund-raising efforts of the year.

Senior Bonspiel

There are still a few spots available for teams in the Senior Bonspiel on Saturday, Nov. 19. Players need to be 50 years or older, and teams can be men, women or mixed. See the sign-up at the club.

50/50 Draw

The 50/50 draw is under way again for curlers. So far, this draw has funded the large TV in the lounge, a bench and boot shelves at the entry and the bathroom renovations. Drop in a townie each week and you could win some extra cash, and the curling area can continue see improvements. If you have ideas for how the income can be used, please talk to one of the CDCRC Board or Eunice.

St. Mary's School Curlers

For the fourth year, Ashlea Fitzgerald from St. Mary's will be bringing her grade 8 class for curling instruction and fun in December. They will be at the club for six sessions, and always go away with a new appreciation for the game. If you are interested in helping on the ice with this group, please contact Nan MacDougall.



Kurl for Kids

The annual Kurl for Kids Bonspiel is coming up on Dec. 10. There is a sign-up sheet on the junior board at the club. If you can help in some way, contact Rooke Meiklejohn. Proceeds from this bonspiel go to help families in the community at Christmas time.



New Spin Bikes

There has been on-going interest in getting spin bikes for the fitness area. So here they are. We will soon get a TV we already have, set up in that area, so groups or individuals can watch a video workout for spin bikes. If you haven't tried them, give it a go!!

The Perfect Pairing

Ice, Wine & Cheese Charity Bonspiel

Saturday, January 21, 2017

Campbellford Curling Club

Two Games – Two Draws 8:30 a.m. & 10:45 a.m.

Contact Ray Wellman rwellm2007@sympatico.ca

See attached registration sheet.

Thanks to the Tuesday morning ladies and some help from Friday morning and Senior Men's curling, the club is now brewing some very fresh coffee in the new Bunn coffee machine. No more throwing away good but excess coffee. The new machine holds two pots and brews immediately. Make sure to get some instructions on operation. Now, we can brew just what we need! Thanks to the three groups for donating.