

Adult 'Learn to Curl' Program

**Looking for something fun and social this winter?
Try Curling! We will show you how!**

Curling is a sport that anyone can learn, whether you are 18 or 80.

Our instructors will teach you sliding, delivery of the rock, stick delivery, sweeping, game etiquette and strategy.

No equipment needed. Just bring a clean pair of indoor runners and we will supply everything else.



You will receive 6 weekly instruction sessions of two hours on Sunday mornings at 10:00 am, starting Sunday, October 25 to November 29, 2026.

The cost is \$100, including HST.

If you decide to take out a membership, that \$100 will be taken off your membership fees.

For more information or to register, scan the QR code, visit our website or call the Club Manager, Jess Jeffery, at 705-653-4433.



Campbellford & District Curling & Racquet Club

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